

Event 40 Women 13 & Over 400 LC Metre Freestyle

World: W 3:55.38 23/07/2023Ariarne Titmus, AUS
 Commonwealth: C 3:55.38 23/07/2023Ariarne Titmus, AUS
 Australian: R 3:55.38 23/07/2023Ariarne Titmus, AUS
 All Comers: A 3:56.40 22/05/2022Ariarne Titmus, SPW
 TITLEHOLDER: 4:00.49 19/04/2023Ariarne Titmus, STPET

Name	Age	Team	Prelims	Finals
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=== A - Final ===

1	TITMUS, ARIARNE	23	STPET	4:06.52	3:59.13
	r:+0.75 27.74		57.63 (29.89)		
	1:27.84 (30.21)		1:58.31 (30.47)		
	2:28.58 (30.27)		2:58.77 (30.19)		
	3:29.15 (30.38)		3:59.13 (29.98)		
2	PALLISTER, LANI	21	GUSC	4:06.45	4:01.75
	r:+0.70 27.79		57.85 (30.06)		
	1:28.35 (30.50)		1:59.02 (30.67)		
	2:29.63 (30.61)		3:00.56 (30.93)		
	3:31.74 (31.18)		4:01.75 (30.01)		
3	MELVERTON, KIAH	27	STPET	4:10.12	4:06.94
	r:+0.72 28.42		58.58 (30.16)		
	1:29.47 (30.89)		2:00.87 (31.40)		
	2:32.54 (31.67)		3:04.56 (32.02)		
	3:36.66 (32.10)		4:06.94 (30.28)		
4	THOMAS (V), EVE	23	NZL	4:09.16	4:06.95
	r:+0.71 28.69		59.46 (30.77)		
	1:30.96 (31.50)		2:02.10 (31.14)		
	2:33.72 (31.62)		3:05.00 (31.28)		
	3:36.64 (31.64)		4:06.95 (30.31)		
5	PERKINS, JAMIE	19	STPET	4:12.05	4:08.55
	r:+0.75 28.64		59.59 (30.95)		
	1:31.27 (31.68)		2:02.97 (31.70)		
	2:34.86 (31.89)		3:06.48 (31.62)		
	3:38.13 (31.65)		4:08.55 (30.42)		
6	CONNOR, ABBEY	18	USCS	4:12.45	4:11.17
	r:+0.69 28.69		59.76 (31.07)		
	1:31.15 (31.39)		2:02.88 (31.73)		
	2:34.58 (31.70)		3:06.93 (32.35)		
	3:39.15 (32.22)		4:11.17 (32.02)		
7	KRITZINGER, TIANA	19	RACKL	4:16.22	4:13.54
	r:+0.75 29.44		1:01.43 (31.99)		
	1:32.83 (31.40)		2:05.33 (32.50)		
	2:37.08 (31.75)		3:09.85 (32.77)		
	3:41.99 (32.14)		4:13.54 (31.55)		
8	NEALE, LEAH	28	CHAND	4:14.23	4:15.51
	r:+0.69 28.85		1:01.06 (32.21)		
	1:33.39 (32.33)		2:06.39 (33.00)		
	2:38.53 (32.14)		3:11.47 (32.94)		
	3:43.75 (32.28)		4:15.51 (31.76)		
9	WEBER, AMELIA	18	STPET	4:15.43	4:16.25
	r:+0.73 29.16		1:00.81 (31.65)		
	1:33.45 (32.64)		2:06.25 (32.80)		
	2:38.96 (32.71)		3:11.54 (32.58)		
	3:44.36 (32.82)		4:16.25 (31.89)		
10	GUBECKA, CHELSEA	25	YERPK	4:14.20	4:17.50
	r:+0.63 29.28		1:01.11 (31.83)		
	1:33.57 (32.46)		2:06.49 (32.92)		
	2:39.58 (33.09)		3:12.82 (33.24)		
	3:46.14 (33.32)		4:17.50 (31.36)		

=== B - Final ===

11	WALKER, MOLLY	18	SOPE	4:18.32	4:13.79
	r:+0.74 29.16		1:00.64 (31.48)		

	1:32.12 (31.48)	2:04.90 (32.78)		
	2:37.12 (32.22)	3:09.93 (32.81)		
	3:42.24 (32.31)	4:13.79 (31.55)		
12 GRANT, BELLA		18 TRGR	4:18.06	4:14.19
r:+0.71 29.49	1:01.55 (32.06)			
1:33.88 (32.33)	2:06.56 (32.68)			
2:38.59 (32.03)	3:10.84 (32.25)			
3:43.21 (32.37)	4:14.19 (30.98)			
13 WIESE, LIA BELLE		19 USCS	4:18.74	4:16.16
r:+0.73 29.60	1:01.47 (31.87)			
1:34.10 (32.63)	2:06.74 (32.64)			
2:39.27 (32.53)	3:11.85 (32.58)			
3:44.37 (32.52)	4:16.16 (31.79)			
14 JONES, CHELSEA		19 MIAMI	4:23.69	4:19.22
r:+0.74 29.51	1:01.61 (32.10)			
1:34.56 (32.95)	2:07.29 (32.73)			
2:40.54 (33.25)	3:13.43 (32.89)			
3:46.95 (33.52)	4:19.22 (32.27)			
15 ROPER, GEORGIE		19 MIAMI	4:18.80	4:20.25
r:+0.73 29.40	1:01.44 (32.04)			
1:34.13 (32.69)	2:07.31 (33.18)			
2:40.90 (33.59)	3:14.59 (33.69)			
3:48.11 (33.52)	4:20.25 (32.14)			
16 LIM (V), ASHLEY		18 SGP	4:25.47	4:20.41
r:+0.71 30.06	1:02.40 (32.34)			
1:35.13 (32.73)	2:08.27 (33.14)			
2:41.36 (33.09)	3:14.65 (33.29)			
3:47.95 (33.30)	4:20.41 (32.46)			
17 DEURLOO, SIENNA		18 TGSC	4:24.73	4:23.47
r:+0.82 30.17	1:02.68 (32.51)			
1:35.73 (33.05)	2:09.12 (33.39)			
2:42.76 (33.64)	3:16.62 (33.86)			
3:50.51 (33.89)	4:23.47 (32.96)			
18 RYAN, ROSY		18 MBAY	4:26.11	4:24.60
r:+0.75 30.12	1:03.13 (33.01)			
1:35.95 (32.82)	2:09.48 (33.53)			
2:43.08 (33.60)	3:17.37 (34.29)			
3:51.20 (33.83)	4:24.60 (33.40)			
19 STAAL, ELENA		18 MBAY	4:28.93	4:27.98
r:+0.74 30.33	1:03.62 (33.29)			
1:36.44 (32.82)	2:10.57 (34.13)			
2:44.32 (33.75)	3:19.36 (35.04)			
3:53.80 (34.44)	4:27.98 (34.18)			
20 WEBSTER, LUCY		19 NUN	4:26.61	4:30.17
r:+0.73 30.49	1:03.58 (33.09)			
1:37.77 (34.19)	2:11.49 (33.72)			
2:46.11 (34.62)	3:20.77 (34.66)			
3:55.89 (35.12)	4:30.17 (34.28)			

=== Preliminaries ===

11 FYDLER, ADRIANA	20 MIAMI	4:16.89
12 JACOBSON, REBECCA	22 BGRAM	4:16.93
17 WHITE, EMILY	20 MARI	4:18.87
18 DAVISON-MCGOVERN, JAC	20 STPET	4:19.14
19 KEARNEY, ABBEY	21 NUN	4:20.50
20 ESSAM, JACINTA	22 ACUB	4:22.30
21 FORRESTER, JENNA	20 STPET	4:22.69
22 O'BRIEN, AMELIA	20 SSSD	4:22.77
23 COOK, TAMSIN	25 PROP	4:23.46
28 SHEPHERD, KIRRALEE	20 RACKL	4:26.30
30 MARTIN, TAYLA	25 CARL	4:27.46
31 STEWART, ASPEN	17 SOMAQ	4:28.67
33 TAPPER (V), ALYSSA	16 NZL	4:29.29
34 TOMLINSON, LILY	20 MARIS	4:29.95
35 KNOTT, RUBY	20 PROP	4:31.18
36 IRWIN, KATELYNE	28 SCGS	4:31.96
37 HARRINGTON, ABBY	19 NUN	4:32.63
38 BROWN, EMILY	19 RACKL	4:33.58

39 BALLAN, SOPHIA	15 WAQA	4:33.75
40 MAGUIRE, LAUREN	20 STAND	4:33.92
41 JONES, MAYA	13 TSS	4:34.45
42 ERICKSEN, CHARLOTTE	19 BRW	4:34.73
43 TAYLOR, LILY	18 SYDU	4:34.93
44 DINGWALL, ALINTA	16 IMSC	4:36.05
45 SMITH, RYLEE	15 RLSC	4:37.57
46 WATSON, TAYLAH	18 YPW	4:38.05
47 MAHFOUZ, LAYLA	17 MLN	4:38.33
48 BARLOW, LILY	16 KPSC	4:38.88
49 SHUMACK, EMILY	17 ABTO	4:40.21
50 RASHLEIGH, INDYANNA	18 MARI	4:40.75
51 POLLARD, BELLA	17 TAMC	4:45.11